SUNSMART POLICY

**Rationale:**

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school, in particular during Term 1 and Term 4.

**Aims:**

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

**Implementation:**

**Head Protection**
All children and teachers must wear a sun smart hat as defined in this policy during lunch and recess breaks, physical education classes, excursions and other outdoor activities. Parents are expected to wear a sunsmart hat when attending excursions.
The hat must protect the ears, back of the neck and the face. This will be a broad brimmed hat with a minimum of 6cm brim.
All children and staff must wear a sun smart hat at After School Care.
Children and parents involved in after school sports training to wear sun smart hats.
A ‘No sun smart hat, No play’ rule will apply.
Children without broad brimmed hats will have restricted quiet play in the shaded area of the quadrangle.

**Body Protection**
Shoulders must be covered i.e. singlet tops and tops with narrow straps are not permitted.
Children must have adequate footwear for sun protection i.e. enclosed sandals or shoes. Thongs, open-toed sandals or crocs are not permitted.

**Sunscreens**
Children must bring their own supply of sunscreen to school each day. Parents are asked to supervise the application of a 30+, 4-hour protection sunscreen **before** the child comes to school.
Teachers are to supervise one application of a 4-hour protection sunscreen at the start of lunchtime i.e. 1.00pm, before the children eat their lunch. The cream will be applied to uncovered skin, i.e. face, arms, legs.
A supply of sunscreen will be available in case children do not have their own container with them.
Parents are to be provided with information and reminders about the policy and procedures through the newsletter.

**Recess and lunchtimes**
On days when the UV rating is estimated to be high or the temperature is greater than 30 degrees, the teacher on duty will encourage children to play suitable games in the shade.

**Physical Education, Sport and Other Outdoor Activities**
Where possible, these activities will be scheduled in the mornings, before Intervallo.
Teachers will be particularly vigilant regarding sunscreen and hats on special activity days such as the Athletics Carnival and the Walkathon and children will be asked to reapply sunscreen every two hours.

**Relief from Excessive Heat**
Children will be encouraged to keep a bottle of water in their bag and will be permitted to drink during class time as required. The school council will provide adequate shade structures for students as practicable.

**Curriculum**
Sunsmart activities and sun protection will form part of the Creating a Positive School Environment program at all year levels.

**Evaluation:**

This policy will be reviewed as part of the school’s three-year review cycle.

This policy was last ratified by School Council in 2014.